

“Why am I tired all the time?...”

“What can I do to get well and stay well?...”

“Could I be allergic to something?...”

A simple, effective approach to feeling better – one which will fit in with the busiest lifestyle.

An awareness of how nature and natural products work can contribute to the healing process in all sorts of ways.

When this is combined with intensive training at some of the most respected medicine centres in the world, it allows you to benefit from a completely individualised service.

At *The Natural Medicine Practice*, your personalised health needs are catered for under one roof – with over 120 quality brands and more than 6,000 products available.

Benefit from natural solutions

Now you can benefit from our wealth of knowledge – and discover why the natural approach to remaining well is so important.

This is something we have built up through years of study and hands-on experience working as natural health practitioners.

“There has been a big shift inside me since we met. Obviously you made a very good choice of remedy.” J.N., U.K.

Visit our website - For more details on the therapies available, as well as on the range of supplements and products, visit www.thenaturalmedicinepractice.com or contact John M Rawlings on 01273 227730.
Email - naturalmedicine@jmrawlings.go-plus.net

Keep this leaflet for when you need it.

www.thenaturalmedicinepractice.com

43 Montgomery Street, Hove, East Sussex BN3 5BE



**The Natural
Medicine Practice**



A personal approach produces an individual plan – just for you

*“The cold and flu
remedy you gave
me worked
instantly, I’m
really impressed
how practical
your approach is”*
S.B., U.K.

*“I was physically
very tired and
feeling run down.
After taking the
remedy I was
astonished how
my strength
quickly returned”*
B.C., U.K.

*Keep this
leaflet for when
you need it.*

At *The Natural Medicine Practice* you chat one-to-one with a qualified, registered health professional – and so receive all the benefits of individual advice and guidance.

You can choose from eight therapy practices to provide you with your own your unique path to achieving your personal health goals.

Individual advice and guidelines

Your personalised treatment begins with an assessment of which therapy – or combination of therapies – is right for you.

Remember, no two clients have the same health issues – that’s why our individual approach is so important.

And you get the same individual attention whether your consultation is in person – either at our practice, or in your own home – by phone, or via Skype using *john.m.rawlings*.

Supplements personally selected for you

Our range of carefully chosen top quality supplements comes with personal advice. At *The Natural Medicine Practice*, you will find your favourite brands, together with exciting new products you may not have heard about before.

Call John M Rawlings direct

Visit *The Natural Medicine Practice* website for full details on therapies, supplements and products, or contact John M Rawlings on 01273 227730.



John M Rawlings

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